

SCRAMBLED EGGLESS EGGS

1/2 medium onion, chopped
4-5 mushrooms, sliced
3 cloves garlic, minced
1 pkg. (454 g) medium tofu

Large tomato, chopped
1/2 tsp turmeric
1-2 Tbsp. soy sauce
Splash of olive oil

In a large saucepan, add onions, mushrooms, and garlic with a splash of olive oil. Sauté on medium heat until onions are translucent. Crumble tofu and add to saucepan. Add tomatoes, turmeric, and soy sauce. Sauté 10-12 minutes until moisture has evaporated.



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